

**2<sup>nd</sup> Multidisciplinary International Musculoskeletal Pain Congress cum  
11<sup>th</sup> Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management  
12 – 14 April 2024 • Hong Kong**



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Priscilla Siu, Registered OT (HK), has learned Health Qigong since 2006 and understood its health benefits, especially its benefits for middle-aged and elderly people with long-term condition. She is currently the co-ordinator of the Special Interest Group (Health Qigong) (SIG) under Hong Kong Occupational Therapy Association. SIG is responsible for organising trainings to OTs and related colleagues and help them to bring HQG in daily practice. From 2014 to 2018, the Construction Industry Council has invited us to train up their industrial safety officers in Baduanjin that they lead construction site workers to do it as their morning exercises at site before work.

Ms SIU has studied health benefits of Yijinjing in RCT for woman suffered from non-specific LBP in her study and has obtained her MSc in Sport Medicine and Health Science, CUHK (2009) besides the MSc in Health care (Occupational Therapy), HKPU (2003). She is the junior coach of Health Qigong (Baduanjin, Yijinjing, Liuzijue, Wuqinxi), issued by Hong Kong Health Qigong Association.